



MAIN OFFICE:
LE MARS

180 10th St. SE, Suite 201
P.O. Box 70 • Le Mars, Iowa 51031-0070
712-546-4624 • 1-800-325-1192
FAX 712-546-9395
www.plainsareamentalhealth.org

Welcome to Plains Area Mental Health Center

Date:

Dear _____

Congratulations on taking this first step toward better mental health. We thank you for choosing Plains Area Mental Health Center as your mental health provider.

Attached are intake papers for your first appointment on _____ with _____. Please read over the enclosed information and **bring with you to your appointment**. You do not need to sign at this time as you will be asked to sign electronically when you come for your first appointment.

Informed Consent for Services: This contains information on our services, consent to treat, your rights and responsibilities, treatment of children, payment information, confidentiality and the appeals process.

Letter to Physician: Sometimes in therapy there may be a need for communication with your primary care physician. If you wish to allow communication with your physician an authorization will be completed at the time of your initial session. You have the right to decline communication between your physician and The Center.

The “*Notice of Privacy Practices*” outlines our privacy practices as required by HIPAA and is yours to keep.

Personal Intake History – Please complete for your initial appointment and give to your therapist. This will assist the therapist at your first appointment.

If you have any questions in completing these forms, please feel free to call or ask for assistance. ***Remember, the most important factor in achieving success with your mental health is persisting until you have met your goals.***

SATELLITE OFFICES:

CARROLL
P.O. Box 794
Carroll, IA 51401-0794
712-792-2991

CHEROKEE
P.O. Box 972
Cherokee, IA 51012-0972
712-225-2575

IDA GROVE:
P.O. Box 168
Ida Grove, IA 51445-0168
712-364-3500

ORANGE CITY
P.O. Box 70
Le Mars, IA 51031-0070
800-325-1192

STORM LAKE
P.O. Box 150
Storm Lake, IA 50588-0150
712-213-8402