



**MAIN OFFICE:**  
**LE MARS**  
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 FAX 712-546-9395  
 www.plainsareamentalhealth.org

**AUTHORIZATION FOR RELEASE AND/OR EXCHANGE OF BEHAVIORAL HEALTH INFORMATION  
 FINANCIAL AND PAYMENT**

**TO:** \_\_\_\_\_  
 Agency/Third Party Payee

**EXPIRATION DATE:** I understand that this authorization is effective until the earlier of (i) the termination of all services to Patient, or (ii) if the following is completed: \_\_\_\_\_ (date on which this authorization expires).

\_\_\_\_\_ Street Address

**PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ City, State, Zip Code

**FAX NUMBER:** \_\_\_\_\_

**REGARDING: CLIENT NAME:** \_\_\_\_\_

**DATE OF BIRTH:** \_\_\_\_\_

**AUTHORIZE:** PLAINS AREA MENTAL HEALTH

**TO DISCLOSE:** Any such information from my medical record as may be necessary for the completion of claims for reimbursement to my insurance company, preferred provider organization, health maintenance organization, utilization review organization or agency. I understand I am authorizing disclosure which includes mental health, and substance use disorder records which are protected under the Federal regulations governing Confidentiality and Substance Use Disorder Patient Records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 ("HIPPA"), 45 C.F.R pts 160 & 164, and cannot be disclosed without my written consent unless otherwise provided for by the regulations.

I understand that the disclosures may include: diagnosis or procedures performed and at the request of the insurance company, preferred provider organization, health maintenance organization, utilization review organization or agency, my complete record may be subject to review.

I am also providing disclosure permission to release any necessary information to Hawkeye Adjustment Services, Sioux City, IA for the purpose of collection if I fail to comply with my payment agreement. Information to be disclosed to the collection agency includes demographic information and outstanding balance. Attempts to collect unpaid insurance deductible or co-pays will be made prior to disclosure to the collection agency.

FAXED information accepted as original.

I understand that that I may revoke this authorization at any time except to the extent that action has been taken in reliance on it. I further understand that I might be denied services if I refuse to consent to a disclosure for the purposes of treatment, payment, or health care operations, if permitted by state law. I will not be denied services if I refuse to consent to a disclosure for other purposes.

I assign all insurance benefits due me to PLAINS AREA MENTAL HEALTH.

**Signature of Patient:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Parent/Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Plains Area Mental Health Staff:** \_\_\_\_\_

**Date:** \_\_\_\_\_

\_\_\_\_\_ I understand that I may review the disclosed information with professional staff. \_\_\_ Yes \_\_\_ No

Confidentiality of mental health information is protected by federal and state law, i.e. Chapter 228 of the Iowa Code and federal regulations governing Confidentiality of Alcohol and Drug Abuse Client Records, 42 CFR Part. 2, and cannot be further disclosed without the written consent to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any substance use disorder patient. Unauthorized disclosure may result in civil damages and criminal penalties.

PAMHC Authorization Revised 6-11-18

**SATELLITE OFFICES:**

**CARROLL**  
 P.O. Box 794  
 Carroll, IA 51401-0794  
 712-792-2991

**CHEROKEE**  
 P.O. Box 972  
 Cherokee, IA 51012-0972  
 712-225-2575

**IDA GROVE:**  
 P.O. Box 168  
 Ida Grove, IA 51445-0168  
 712-364-3500

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 800-325-1192

**STORM LAKE**  
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 712-213-8402

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